

Ossetra Lavender Massage Medium

Features: This product is one of the most common and effective treatments in aromatherapy. It can treat insomnia, panic attacks, and depression. Can add a few drops to bath or hydro tub for a restful experience.

Benefits: Lavender essential oil along with our signature oil blend is an excellent formulation which can be safely applied directly on the skin without irritation or burning sensation. It does not involve complicated formulations or decoctions. Our massage medium can be applied directly to pimples or blemishes and will help eliminate them gradually.

Precautions All Ossetra Body Products should be consulted with a doctor before using if you have any medical conditions, are on medication, or are pregnant. Do not use in case of skin infection or external wounds.

Ossetra Seaweed Bodi Wrap

Features: This highly stimulating treatment will detoxify and rematerialize your skin and body, while leaving you feeling energized, rebalanced with an overall well being.

Mix with Ossetra Blue Drop Iceberg water.

Benefits: Our Wakame benefits are due to the concentration of mineral salts, amino acids, vitamins and trace elements. Wakame also helps to maintain high levels of hyaluronic acid in our body. This special sea kelp is a powerful antioxidant that contains sulfated polyfucose - an active property that helps to protect the skin against damage from UV rays of the sun and environmental pollution. It has also been found to contain 15 times more calcium than milk and helps to heal irritated and dry skin; thereby making your body smooth, supple and beautiful. It is rich in vital minerals and B-group vitamins; it also helps to hydrate and increase the elasticity of your skin. Defatted Soy flour is also used for its protein and minerals. It is recommended after this treatment to drink at least three glasses of Ossetra, Blue Drop Iceberg Water throughout the day to promote further detoxification and hydration of the skin.

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Ossetra Exfoliating Bars (Rhodo, Phaeo)

Features: This Ossetra soap bar exfoliates tones and stimulates the skin while reducing irritation, redness leaving skin baby soft and silky smooth.

Benefits: Our Ossetra signature coconut oil blend has a small molecular structure which allows easy absorption giving a soft smooth texture relieving dry rough skin. Iceberg water helps in maintaining the skins acid mantle. Peppermint essential oil reduces skin irritation and skin redness. Our Terre-Neuve red and green seaweed flakes and powdered whelk shell are stimulating and exfoliating while producing lymphatic action, creating more circulation to enhance an anti-cellulite effect. This natural exfoliating soap bar is wonderful for the body, mind and spirit.

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Ossetra Seaweed Exfoli

Features: This body exfoliating and polishing formulation provides support for tissue repair from aging and skin deterioration while softening the skin to restore the skin natural PH level. Mixed with Ossetra Blue Drop Iceberg Water.

Benefits: Our powdered whelk shell is full of protein and has a wonderful exfoliating effect on the skin. Our rich Northern green/brown algae (Wakame) is part of the Laminaria types of seaweeds, it contains trace elements and antioxidants, including fucoxanthin. This particular group of seaweed is also rich in calcium, niacin, and vitamin C. Your skin will never feel so rejuvenated and smooth.

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Ossetra Seaweed Sachets

Features: This seaweed bath sachet will invigorate tone and detoxify your body while reducing stress. This treatment gives you a sense of well being, while keeping your body moisturized and fit.

Benefits: Our sachets are made from 100% seaweed, from the greenish-brown classification. We gently harvest our own seaweeds and dry immediately by a patented technology. This type of brown algae is used in various cosmetics application including thalassotherapy treatments, and health food. Our fine sea salt works well with this seaweed as an added antiseptic effect. Use one sachet per bath for 15-20 minutes. You can also add a drop of your favorite aromatherapy essential oil if desired. After bathing we recommend drinking our Ossetra Blue drop Iceberg water. Use Seaweed Sachet once or twice weekly for a series of six weeks.

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Ossetra Bath Burst Balms (Lemon Sea spray & Lavender Splash)

Features: These refreshing and relaxing luxurious baths bursts fizz and release its natural scents from wild crafted dried seaweed natural oil blends and essential oils. Rejuvenate the mind, body and spirit.

Benefits: Our Bath Bursts contain sodium bicarbonate which softens the pH of bath water improving circulation so that skin tissue is nourished with oxygen. It also relieves itchy wintery skin - A natural, alkaline salt crystal also known as Baking Soda.... Rich in Beta carotene and also helps improve skin tone and color... Does not draw oils from the skin and can be used on dry skin types. Our natural oil blends and Northern seaweeds are a super moisturizer and are great for damaged and stressed skin reducing the look of stretch marks
Ossetra also adds its pleasant essential aroma scent.

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Ossetra Red & Green Seaweed Soaps

Features: Our Newfoundland green Phaeophyta and red Rhodophyta soaps nourishes hydrates and moisturizes the skin, these rich seaweeds also prevents aging, due to

its powerful anti-oxidants. They have powerful detoxifying properties which help with a slimming and toning effect on the body.

Benefits: Our wonderfully rich northern green seaweed contains sulfate polyfucose, this compound helps protect against free radical damage caused by exposure to UV rays and environmental pollutants. Phaeophyta (greenish/brown) seaweed also contains Hyaluronic acid which another compound the skin uses to maintain elasticity and smoothness. Rhodophyta (red seaweed) has omega 3 fatty acids which have strong anti-inflammatory properties which help in reducing swelling. This seaweed also has emollients and moisturizing properties.

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Ossetra Complexion Bar

Features: Mild enough to use on every skin type and extra special for dry and sensitive skin. Indulge yourself with this gentle natural exfoliant and moisturizing bar, your face and body will be soft and smooth with a youthful complexion.

Benefits: This bar contains soothing oatmeal for its antimicrobial activities. Chamomile and vitamins are also used for its antioxidant and anti-inflammatory properties. A gentle soap bar for the face and body. Comes in a resealable packaging, great for the gym etc....

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Ossetra Seaweed Face & Bodi Bar

Features: A hydrating glycerin based soap that nourishes the skin. This soap penetrates the skin leaving it deeply cleansed, firmed and toned. It helps remove dry, rough and flaky skin. Seaweed Face and Bodi Bar can be used on the face and body concentrating on any areas that need extra moisturizing benefits or special attention.

Benefits: Our rich northern Phaeophyta seaweed contains vitamins A,E,C,and B with the Iodine content 500 times higher than in a vegetable source. The mineral elements are 10 times higher than in a vegetable source. The trace elements and amino acids visibly firm, moisturize and smooth the skin. Grapeseed oil is rich in emollients and linoleic acid that also has good antioxidant and an anti-inflammatory property. Linoleic acid has been shown to reduce the oil (sebum) in our pores into a more fluid base, which means it's less likely to clog pores. Lemongrass and vitamins also has wonderful anti-oxidant and antibacterial properties. Use our soap regularly as a part of your normal cleansing routine will enhance the "hydrating & softening" effects that it can have over time.

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Ossetra Butterfly Kisses Lip Balm

Features: Our Lip Balm is a wonderful natural protectant that soothes, softens and moisturizes even the driest lips

Benefits: Ossetra Lip Balm contains Vitamin E which protects skin cells from ultra violet light, pollution and other elements that produce cell damaging free radicals. Beeswax: locks in moisture, fosters cells and protects skin from damaging environmental factors. Infused Calendula Oil: is said to be anti-inflammatory, antispasmodic, helps healing wounds, dry, chapped or cracked skin. Infused Chamomile Oil: Chamomile flowers include properties such as anti-itching, soothing antiseptic, purifying, refreshing and hypoallergenic with the ability to neutralize skin irritants. In addition, chamomile flower oil helps to tone and strengthen delicate skin tissue. Infused Lavender Oil: can be used as a powerful antiseptic because it contains more than 200 compounds that are active against fungi, viruses and other microbes. Birch Sap is also used for its antiseptic effect. Our Ossetra Lip Balm contains our pleasant citrus signature scent. Try using as a protective barrier on your lips during the steaming and mask phase of our Ossetra facial, neck and décolleté treatment rituals

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Ossetra i-Pillow

Features: Excellent for tired, swollen eyes when heated; or for swollen puffy eyes when cooled. May also help in migraine relief and beneficial for neck and shoulder areas.

Benefits: The flax seeds effectively hold the heat and can be reheated many times. Rose petals are considered to be effective aromatherapy for anxiety, and depression. Our Ossetra i-Pillow also uses Lavender essential oil for relaxation. Place i-Pillow cotton insert in microwave for 30 seconds (microwave will vary). Do not overheat, check microwave frequently. Place over eye area and feel the tension melt away. For freezer place cotton insert in plastic bag and cool for 30 minutes. Cotton inserts may be replaced every 3 to 6 months depending on how often used.

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Ossetra Birch Sap Soap

Features: Ossetra Birch Sap Soap is wonderful for sore or strained muscles. Using our soap regularly as a part of your cleansing routine will benefit in treating infections of the skin- dermatitis, eczema, psoriasis. Birch sap is a natural antiseptic, astringent and disinfectant.

Benefits: Our Ossetra soap contains glycerin that helps maintain the outer barrier and prevent dryness or scaling. Newfoundland Birch Sap is used for its antiseptic and astringent qualities. Vitamin E is considered to be a potent antioxidant for skin as well as a protectant from harmful ultraviolet rays. Grapeseed oil is used for the purpose of an emollient and also has good antioxidant properties and Balsam Fir Needle is used for its overall action for stimulation, and can be used to bring alertness to the mind, applied topically to the adrenal areas or the body in general it may help general fatigue. This essential oil can create a wonderful, complex 'deep forest' aroma.

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Ossetra Sea Crystals (Citrus or Peppermint)

Features: Our Ossetra Sea Crystals are excellent for nourishing and purifying the skin. Sea Crystals improve the condition of the skin, reducing fatigue, and promoting relaxation. Your skin will appreciate the benefits of Sea Crystals leaving the skin noticeably softer and smoother.

Benefits: There is nothing more soothing, satisfying, and luxurious as a therapeutic soak with sea salt. Our dried sea salt is 100% natural, contains no additives, and has a high mineral content. It is wonderful for softening and rejuvenating the skin, it is great for relaxing muscular aches, pains, sunburns, rashes, and irritated skin. Sea salt is a perfect choice for those who wish to use for therapeutic treatments. Our sea salts have a low moisture content which helps them to absorb essential oils. Ossetra Sea Crystals also contains Terre-Neuve dried green seaweeds for helping with detoxification.

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Ossetra Blueberry Exfoliating Glow

Features: It is wonderful for softening and rejuvenating the skin, it is great for sloughing away dry skin cells, and may help relax muscular aches, mild rashes, irritation and redness in the skin.

Benefits: Our signature blend of oils contains emollients that also have good antioxidant and anti-aging properties. These oils have a softening and soothing effect on the skin. Our leading edge drying technology is the purest form and has the highest orac value. 100% chemical free, this Terre-Neuve blueberry powder has a great exfoliating effect on the skin and gives an added anti-oxidant boost.

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Ossetra Vegi Green Medley Masque

Features: Treat yourself to the ultimate natural facial ritual. Ingredients from this unique are known as the free radical scavenging facial! This treatment gently

exfoliates hydrates and detoxifies the skin while leaving the face replenished, soft and has a high anti-oxidant effect on the epidermis.

Benefits: Our signature blend of land and sea powdered ingredients gives rejuvenation to the face. The high anti-oxidant value of berries in this treatment helps fight free radicals which are unstable and cause premature aging. Seaweeds, Wheatgrass, and Birch bark detoxifies, purifies, tones and gently exfoliates the skin leaving the face soft and subtle to the touch.

Contraindication: All Ossetra Body Products should be consulted with a doctor before using if you have any medical conditions, are on medication, or are pregnant. Do not use in case of skin infection or external wounds. People who are hypersensitive to aspirin should not use Birch Bark, and anyone taking prescription blood-thinning medications should always consult a physician before using it.

Ossetra Birch Sap Bath & Bodi Oil

Features: When formulating this bath and body oil we created a rich nourishing, protecting and reviving lotion, which will not leave the skin oily or tacky, but will create a well moisturized, hydrated and supple skin. After applying this lotion it will quickly be absorbed by the skin, leaving it silky soft, smooth and well moisturized.

Benefits: Lavender is wonderful skin care oil especially since it does an excellent job at balancing oil production in the skin as well as clearing blemishes and evening skin tone. Sandalwood oil is a powerful antibacterial/anti fungal agent and is extremely moisturizing. Carrot Seed Oil is high in beta-carotene, and therefore extremely nourishing for the skin with a great ability to stimulate skin elasticity. Ylang Ylang Oil also balances sebum production and has a toning and stimulating effect on the skin. Sweet Orange Oil has high content of vitamin A, B and C and helps dry, irritated and acne prone skin. Jasmine Oil is used to treat dry, stressed and sensitive skins and also help to increase elasticity. Patchouli Oil helps promote cell rejuvenation, tightening of loose skin and heals wounds and sores, while sorting out rough, cracked skin. Birch Sap is used for its antiseptic and astringent effect on the body. This combination of ingredients will not only detoxify but will moisturize and leave the body rejuvenated.

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hypersensitive to aspirin should not use Birch Sap, and anyone taking prescription blood-thinning medications should always consult a physician before using it

Ossetra Birch Bark Bodi Bar

Features: This Birch Bark Bodi Bar will properly cleanse and exfoliate your face and body while removing all impurities and environmental pollutants, without drying the skin.

Benefits: Our Ossetra soap bar contains glycerin that helps maintain the outer barrier and prevent dryness or scaling. Using our Newfoundland Birch Bark soap regularly for cleansing will help benefit relief for eczema, minor skin eruptions, rashes and psoriasis. The fine birch bark powder has a gentle exfoliating effect on face and body. Very effective on sore tired muscles and joints. Perfect soap for use after the gym or workout. Grapeseed oil and vitamin E. is used for the purpose of an emollient and for its excellent antioxidant properties. The seaweed and herbal extracts will help to promote a clear, vital and healthy complexion for a younger looking skin. Users can expect a tingling/cooling effect.

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NATURAL FOOD PRODUCTS

Ossetra Blue Drop Iceberg Water

Features: Water born at the top of the World in the Arctic Polar Icecap, where the purest waters has been locked away for over 12,000 years. As the ice breaks away, it follows the ocean current south through "Iceberg alley", an area off the northern coast of Newfoundland and Labrador. It's here that the simplest, healthiest and finest water is frozen solid. It has been untouched by pollutants and toxins leaving you with pure pristine iceberg water.

Benefits: Iceberg water is used as a naturally toxin-free base leaving your skin more hydrated, pure and smooth to the touch. The pH of Iceberg water is slightly acidic and is more beneficial for the human skin. The higher pH value of a cosmetic used on the skin will tend to swell the skin and make it more permeable. Ossetra Blue Drop Water is used as the base to all its skin care formulations as well as a mixing additive to our Facial and Body Products. Your skin will never feel so soft or pure.

Ossetra Blueberry Boost Powder

Features: Newfoundland and Labrador's wild grown naturally occurring crops of berries are freshly picked and dried. A dry crystallized form of blueberry that contain no preservatives, no oxidation preventing agents, no chemicals and no artificial color. This is the purest form of dried blueberries processed with leading edge drying technology. Our powder is a natural supplement to incorporate in your lifestyle for whole health from the inside out. 1 Gram of dry powder = 12 Grams of raw berries.

Benefits: A high Anti-oxidant powder that helps to fight free radical damage in the skin. An Ossetra facial skin care product uses Blueberry Boost Powder as an extract and as a great additive to our body products. This powder is also a wonderful ingredient to use in personal recipes, as the Blueberry powder is 100% natural. The Oxygen Radical Absorbance Capacity (ORAC) value is 610.00 micromole Trolox equivalents per gram dry weight.

Ossetra Partridgeberry Burst Powder

Features: This Partridgeberry (Lingonberry) powder is the purest form of low bush cranberry fruits processed with cutting edge drying technology. The powder does not contain preservatives or oxidation preventing agents and is 100% chemical free. The rich color is also completely natural. 1 Gram of dry powder = 12 grams of raw berries.

Benefits: A high Anti-oxidant powder that helps to fight free radical damage in the skin. An Ossetra facial skin care product uses Partridgeberry Burst Powder as an extract and as a great additive to our body products. This powder is also a wonderful ingredient to use in personal recipes, as the Partridgeberry powder is 100% natural. The Oxygen Radical Absorbance Capacity (ORAC) value is 419.90

micromole trolox equivalents per gram dry weight. Testing completed by National Research Council of Canada, April, 2008 for I.C. Spa

Ossetra Bakeapple Blast Powder

Features: This 100% natural Cloudberry Powder comes from the berry known as bakeapple, native to Northern climates. It is a slow growing low shrub found in marshes and boggy areas of Newfoundland and Labrador. White tiny flowers encapsulates each branch of the bush turning into a pale red berries ripening into a gold yellow berry in autumn that is soft and juicy. 1 Gram of dry powder = 12 grams of raw berries.

Benefits: A high anti-oxidant rich in vitamin C with a high benzoic acid content which acts as a natural preservative for either spa or personal dessert recipe.

Ossetra Sea Spice

Features: 100% dried Phaeophyta (green family) seaweeds from the cold pristine waters of Newfoundland and Labrador. This is the purest form of dried seaweeds processed with leading edge drying technology.

****Praised**** by Guest Chef, Guy Mitchell, of The White House as the best spices in the spice world.

Benefits: A healthy way to season food. This natural Seaweed Spice is used primarily as a salt substitute too season foods. These fine Seaweed flakes contain no preservatives, no oxidation preventing agents, no chemical and no artificial color. Ossetra Sea Spice is an excellent supplement with a high nutritional value that will help in reducing water retention. Sea Spice is also a natural stimulant and cleanser for the body.

Ossetra Seaweed Salt

Features: 100% dried Phaeophyta (green family) seaweeds from the cold pristine waters of Newfoundland and Labrador. This is the purest form of dried seaweeds processed with leading edge drying technology. This drying technique maintains a high nutritional value.

Benefits: These fine Seaweed flakes contain no preservatives, no oxidation preventing agents, no chemical and no artificial color. Fine Sea Salt is added to the seaweed to add a subtle flavor to your favorite dishes.

Ossetra Seaweed Pepper

Features: Our 100% Northern dried seaweed gives any dish that extra added taste. These fine Seaweed flakes contain no preservatives, no oxidation preventing agents, no chemical and no artificial color. Our Seaweed also maintains a high nutritional value, after the drying process.

Benefits: Cracked black pepper adds a unique flavor to our Seaweed Pepper is wonderful additive to stews, soups, salads, sauces and marinades. A healthy spice, which will give your favorite dish that unique flavor.

Ossetra Cajun Sea pepper

Features: 100% Northern dried seaweed from the most cold and pristine waters. This seaweed is processed with leading edge drying technology that maintains a high nutritional value.

Benefits: Our Ossetra signature spice blend and dried seaweed gives your soups, sauces, poultry, meat and fish an added zesty flavor. A great additive to any dish. Excellent seasoning for that extra spicy dish!

Ossetra Reuseable Sea Sac:

Features: Ossetra uses this wonderful Newfoundland made Sea Sac in place of plastic or paper bags. Go Green natural Sea Sac contains no stiffeners, preservatives or artificial coloring.

Benefits: Recommended use: The Reusable Sea Sac can be used for boiling scallops, shrimp and mussels or heating glass bottled food products.
Recommended personal spa use: The natural net bag is also useful to keep your personal lingerie together. Net bay stays separate from other clothing while being machine washed.

